

# May 2025

Randwick: MSU

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								1		2		3	
								9:30am Meet & Greet 9.30am Seated Exercise 10:30am <b>Catholic Mass</b> 12.30pm Aromatherapy 1.30pm <b>Puzzle Games</b> 2.30pm Memory Photos Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30pm <b>Singalongs</b> 12.30pm Aromatherapy 2.30pm Balloon Games  Individual Activities		9:30am Meet & Greet 10.30am <b>Zumba - L2</b> 12.30pm Relaxing Time/Aromatherapy 1.30pm <b>Garden Walks</b> 2.30pm <b>Bowling</b>  Individual Activities	
4		5		6		7		8		9		10	
9:30am Meet & Greet 9.30am Live Church Service 10:00am Pet Therapy 10.30am <b>Karaoke-Singalong</b> 12.30pm Aromatherapy 1.30pm <b>Armchair Travel</b> Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Greek Concert /Sotiris</b> 12.30pm Relaxing Time-Aromatherapy 2.00pm <b>Happy Hour L2</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Bus Outing</b> 12.30pm Relaxing Time-Aromatherapy 1.30pm <b>Hand Massage/Manicure</b> 2.30pm Crafts for Mother's Day Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Parachute Game</b> 12.30pm Aromatherapy 1.30pm <b>Art Therapy</b> 2.00pm Balloon Games Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Church Service</b> 12.30pm Aromatherapy 1.30pm <b>Puzzle Games</b> 2.30pm Memory Photos Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30pm <b>Volleyball</b> 12.30pm Aromatherapy <b>Mother's Day Celebration</b> 2:30pm - Level 1 Individual Activities		9:30am Meet & Greet 10.30am <b>Zumba - L2</b> 12.30pm Relaxing Time/Aromatherapy 1.30pm <b>Garden Walks</b> 2.30pm <b>Bowling</b>  Individual Activities	
11		12		13		14		15		16		17	
9:30am Meet & Greet 9.30am Live Church Service 10.30am <b>Karaoke-Singalong</b> 12.30pm Aromatherapy 1.30pm <b>Armchair Travel</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Greek Concert /Sotiris</b> 12.30pm Relaxing Time-Aromatherapy 2.00pm <b>Happy Hour L2</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Bus Outing</b> 12.30pm Relaxing Time-Aromatherapy 1.30pm <b>Hand Massage/Manicure</b> 2.00pm Music Therapy Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Singalongs</b> 12.30pm Aromatherapy 1.30pm <b>Art Therapy</b> 2.00pm Balloon Games Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am Memory Photos 12.30pm Aromatherapy 2:30pm <b>Elvis Presley Show - L2</b> Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am Puzzle Games 12.30pm Aromatherapy 2:00pm <b>Singalongs</b> Individual Activities		9:30am Meet & Greet 10.30am <b>Zumba - L2</b> 12.30pm Relaxing Time/Aromatherapy 1.30pm <b>Garden Walks</b> 2.30pm <b>Bowling</b>  Individual Activities	
18		19		20	 <b>Talking Parrot</b>	21	 <b>MEETING NOTICE!</b>	22		23		24	
9:30am Meet & Greet 9.30am Live Church Service 10.30am <b>Karaoke-Singalong</b> 12.30pm Aromatherapy 1.30pm <b>Armchair Travel</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Greek Concert /Sotiris</b> 12.30pm Relaxing Time-Aromatherapy 2.00pm <b>Happy Hour L2</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Bus Outing</b> 12.30pm Relaxing Time-Aromatherapy 2.30pm Music Therapy Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Residents Meeting L1</b> 10.30am <b>Art Therapy</b> 12.30pm Aromatherapy 2:30pm Sensory Games Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Church Service</b> 12.30pm Aromatherapy 2.30pm Armchair Travel  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Parachute Game</b> 12.30pm Aromatherapy 2.00pm Balloon Games  Individual Activities		9:30am Meet & Greet 10.30am <b>Zumba - L2</b> 12.30pm Relaxing Time/Aromatherapy 1.30pm <b>Garden Walks</b> 2.30pm <b>Bowling</b>  Individual Activities	
25		26		27		28		29		30		31	
9:30am Meet & Greet 9.30am Live Church Service 10.30am <b>Karaoke-Singalong</b> 12.30pm Aromatherapy 1.30pm <b>Armchair Travel</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Greek Concert /Sotiris</b> 12.30pm Relaxing Time-Aromatherapy 2.00pm <b>Happy Hour L2</b>  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Bus Outing</b> 12.30pm Relaxing Time-Aromatherapy 1.30pm <b>Hand Massage/Manicure</b> 2.30pm Magic Sand Craft Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Ring Toss Game with coffee</b> 12.30pm Aromatherapy 1.30pm <b>Art Therapy</b> 2.00pm Balloon Games  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise 10.30am <b>Church Service</b> 10.30am Folding Clothes – Pairing Socks – Dall Therapy 12.30pm Relaxing Time-Aromatherapy  Individual Activities		9:30am Meet & Greet 9.30am Seated Exercise  <b>Birthday Celebration &amp; BBQ</b> 11:00am - Leven 1  1.30pm Aromatherapy 2.30pm <b>Hand Massage/Manicure</b> Individual Activities		9:30am Meet & Greet 10.30am <b>Zumba - L2</b> 12.30pm Relaxing Time/Aromatherapy 1.30pm <b>Garden Walks</b> 2.30pm <b>Bowling</b>  Individual Activities	