

May 2025
Lakemba: East/West - Level 2

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								1		2		3	
								9:30am Meet & Greet 10.00am Church Service 11:00am What's missing? game 13.00pm Art Therapy E/W 14.00pm Flower arrangements for May 1st Room Visits		9:30am Meet & Greet 10:30am Gardening w.music 11:00am Follow the rhythm L2 12.30pm Relaxing Movie Time 13.30pm Cooking club Room Visits		9:30am Meet & Greet 10.00am Church Service 11.00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13:30pm Karaoke Group discussions	
4		5		6		7		8		9		10	
9:30am Meet & Greet 10:00am Live Church service on TV 11:00am Garden walks 12.30pm Relaxing Movie Time 13:30pm Bingo One on one activities		9:30am Meet & Greet 10:00am Boxes and balls games 11:00am You've got mail 12:30pm Relaxing Movie Time 13:15pm Ice cream trolley 14:30pm Jokes and Proverbs Room visits		9:30am Meet & Greet 10:00am Church Service 11:00am Toss the ring in the garden 11:15am Pastoral Visit from St.Andrew's college 13.00pm Live music at E/W 14.00pm Happy Hour Hairdresser Day		9:30am Meet & Greet 10.00am Bus trip to Oatley Park 11:00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13.30pm Bowling game E/W Room Visits		9:30am Meet & Greet 10.00am Church Service 11:00am Ballon games 13.00pm Art Therapy LV 13:00pm Dog Therapy Room Visits		9:30am Meet & Greet 10:30am Sensory garden w.music 11:00am Follow the rhythm L2 12.30pm Relaxing Movie Time 13.30pm Loukoumades day Room Visits		9:30am Meet & Greet 10.00am Church Service 11.00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13:30pm Cooking show on TV Group discussions	
11		12		13		14		15		16		17	
9:30am Meet & Greet 10:00am Live Church service on TV 11:00am Guided walk 12.30pm Relaxing Movie Time 13:30pm Bingo One on one activities		9:30am Meet & Greet 10:00am Beauty Therapy 12.30pm Relaxing Movie Time 13:30pm Celebration for Mother's Day Room visits		9:30am Meet & Greet 10:00am Church Service 11:00am Volleyball in the garden 11:15am Pastoral Visit 13.00pm Live music at E/W 14.00pm Happy Hour Hairdresser Day		9:30am Meet & Greet 10.00am Bus trip to La Perouse 10.00am You've got mail L2 11:00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13.30pm Snakes and ladders game E/W Room Visits		9:30am Meet & Greet 10.00am Church service 11.00am Dart game 11.00am Matching words& pictures L2 13.00pm Art Therapy E/W 14.00pm Men's and women's club Room Visits		9:30am Meet & Greet 10.30am Gardening w.music 11:00am Follow the rhythm L2 12.30pm Relaxing Movie Time 13.30pm Religious Readings Room Visits		9:30am Meet & Greet 10.00am Church service 11.00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13:30pm Karaoke Group discussions	
18		19		20		21		22		23		24	
9:30am Meet & Greet 10:00am Live Church service on TV 11:00am Garden walks 12.30pm Relaxing Movie Time 13:30pm Bingo One on one activities		10:00am Board Games 11:00am You've got mail 12.30pm Relaxing Movie Time 13:30pm Golf Room visits 16:00 Pontian Genocide remembrance day event		9:30am Meet & Greet 10:00am Church Service 11:00am Basketball in the garden 11:15am Pastoral Visit 13.00pm Live music at E/W 14.00pm Happy Hour Hairdresser Day		9:30am Meet & Greet 10.30am Residents-Representatives Meeting 10.00am Photo guessing game L2 13.30pm Cinema time Room Visits		9:30am Meet & Greet 10.00am Church Service 11.00am Ball Toss w.Greek words 12.30pm Relaxing Movie Time 13.00pm Art Therapy LV 14.00pm Men's and women's club Room Visits		9:30am Meet & Greet 10:00am Pet Time in the garden 11:00am Follow the rhythm L2 12.30pm Relaxing Movie Time 13.30pm Charades Room Visits		9:30am Meet & Greet 10.00am Church Service 11.00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13:30pm Dart game Group discussions	
25		26		27		28		29		30		31	
9:30am Meet & Greet 10:00am Live Church service on TV 11:00am Guided walk 12.30pm Relaxing Movie Time 13:30pm Bingo One on one activities		9:30am Meet & Greet 10:00am Acknowledging National Sorry Day 12.30pm Relaxing Movie Time 13:15pm Ice cream trolley 14:30pm Lost and found Clothes Room visits		10:00am Church Service 11:00am Balloon games in the garden 11:15am Pastoral Visit 13.00pm Live music at E/W 14.00pm Happy Hour Hairdresser Day		9:30am Meet & Greet 10.00am Bus trip to "The Beach", Planespottng 10.00am What's missing? game L2 11:00am Dance Therapy 12.30pm Relaxing Movie Time 13.00pm Volleyball tournament		10.00am Church Service 11.00am Toss the ring game E/W 11.00am Greek language games L2 12.30pm Relaxing Movie Time 13.00pm Art Therapy LV 14.00pm Men's and women's club Room Visits		9:30am Meet & Greet 10:30am Sensory garden w.music 11:00am Follow the rhythm L2 12.30pm Relaxing Movie Time 13.00pm Monthly Birthday Celebration Room Visits		9:30am Meet & Greet 10.00am Church Service 11.00am Seated Exercise w. Physio 12.30pm Relaxing Movie Time 13:30pm Cooking show on TV Group discussions	

