

# May 2025

**Lakemba: Olive Grove**

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								1		2		3	
								10.00am Church Service 10.30am Art Therapy 13.00pm "What's missing?" game 14.00pm Flower arrangements for May 1 <sup>st</sup> EW 16.00pm Room Visits 17.30pm Sundowning Activities		11:00am Meet & Greet 11:15am Sensory Garden 12.30pm Aromatherapy 13.30pm Cooking club EW 15.00pm Golf 16.00pm Room Visits One on one activities		10:00am Church Service 11.15am Volleyball in the garden 12.30pm Meditation time 13:30pm Jokes and proverbs 14.30pm Beauty Therapy 15.00pm Group discussions One on one activities	
4		5		6		7		8		9		10	
11:00am Meet & Greet 11:15am Ball games in the garden 12.30pm Aromatherapy 13:30pm Bingo 15.00pm Mural walks and talks 16.00pm Room Visits 17.30pm Sundowning Activities		11:00am Meet & Greet 11:15am Bowling in the garden 12.30pm Meditation time 13:00pm Ice cream trolley 14:00pm Cooking activity 16.00pm Room visits 17.30pm Sundowning Activity		09:30am Pastoral Visit 10:00am Church Service 10:45am Live Music w. Sotiris 14.00pm Happy Hour 15.00pm Everyday Living Activities 17.30pm Sundowning Activities <b>Hairdresser Day</b>		10.00am Bus trip to Oatley Park 11:00am Bowling game in the garden 13.30pm Balloon games 15.00pm Board games 16.00pm Room Visits One on one activities		10.00am Church Service 10.30am Art Therapy 12.30pm Meditation time 13.30pm Dog Therapy 14.30pm Parachute game 17:30pm Sundowning Activity:spiritual readings		11:00am Meet & Greet 11:15am Sensory garden w.music 12.30pm Aromatherapy 13.30pm Loukoumades day 15.00pm Karaoke 16.00pm Room Visits One on one activities		10.00am Church Service 11.15am Balloon games in the garden 12.30pm Meditation time 13:30pm Cooking show on TV 14.30pm Flower Arrangements 15.30pm Group discussions One on one activities	
11		12		13		14		15		16		17	
11:00am Meet & Greet 11:15am Balloon games 12.30pm Aromatherapy 13:30pm Gardening Sunday 15.00pm Mural walks and talks 16.00pm Room Visits 17.30pm Sundowning Activities		11:00am Meet & Greet 11:15am Beauty Treatment 12.30pm Meditation time 13:30pm Celebration for Mother's Day 15.00pm Mural walks and talks 16.00pm Room visits One on One Activities		09:30am Pastoral Visit 10:00am Church Service 10:45am Live Music w. Sotiris 14.00pm Happy Hour 15.00pm Mural walks and talks 17.30pm Sundowning Activity:Volleyball <b>Hairdresser Day</b>		10.00am Bus trip to La Pouse 11.00am Balloon games in the garden 13.30pm Football 15.00pm Greek Coffee with music 16.00pm Room Visits One on one activities		10.00am Church service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.30pm Dart game 15.00pm Mural walks and talks 16.00pm Room Visits 17:30pm Sundowning Activities		11:00am Meet & Greet 10:30am You've got mail 12.30pm Aromatherapy 13.30pm Reading time 14.30pm Follow the rhythm 16.00pm Room Visits One on one activities		10.00am Church service 11.00am Basketball in the garden 12.30pm Meditation time 13:30pm Armchair travel 14.00pm Greek coffee and music 15.00pm Group discussions One on one activities	
18		19		20		21		22		23		24	
11:00am Meet & Greet 11:15am Ball games 12.30pm Aromatherapy 13:30pm Gardening Sunday 15.00pm Mural walks and talks 16.00pm Room Visits 17.30pm One on one activities		11:00am Meet & Greet 11:15am Flower Arrangements 12.30pm Meditation time 13:30pm Cooking activity 15.00pm Basketball 16.00pm Pontian Genocide remembrance day event 17:30pm Sundowning Activity		09:30am Pastoral Visit 10:00am Church Service 10:45am Live Music w. Sotiris 14.00pm Happy Hour 15.00pm Memory Games 17.30pm Sundowning Activity: Basketball <b>Hairdresser Day</b>		10.30am Residents-Representatives Meeting 11.00am Golf in the garden 13.30pm Follow the rhythm 15.00pm Photo guessing game 16.00pm Room Visits 17:30pm Pyjama party-Cinema night		10.00am Church Service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.30pm Everyday Living Activities 14.30pm Ball Toss w.Greek words 17:30pm Sundowning Activity: spiritual readings		11:00am Meet & Greet 10:30am Pet Time in the garden 12.30pm Aromatherapy 13.30pm Bowling 14.30pm Hand massage/manicure 16.00pm Room Visits One on one activities		10.00am Church Service 11.00am Ball games in the garden 12.30pm Meditation time 13:30pm Karaoke 15.00pm Group discussions One on one activities	
25		26		27		28		29		30		31	
11:00am Meet & Greet 11:15am Chair aerobics in the garden 12.30pm Aromatherapy 13:30pm Bingo 15.00pm Mural walks and talks 16.00pm Room Visits 17.30pm One on one activities		11:00am Meet & Greet 11:15am Balloon games in the garden 12.30pm Meditation time 13:00pm Ice cream trolley 14:00pm Flower Arrangements 15.00pm Religious Reading 16.00pm Room visits 17.30pm Sundowning Activity		09:30am Pastoral Visit 10:00am Church Service 10:45am Live Music w. Sotiris 12.30pm Relaxing Movie Time 14.00pm Happy Hour 15.00pm Golf 17.30pm Sundowning Activity: Crafts <b>Hairdresser Day</b>		10.00am Bus trip to "The Beach", Planespotting 11.00am Basketball game in the garden 13.00pm Parachute game 15.00pm What's missing? game One on one activities		10.00am Church service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.30pm Dart game 15.00pm Mural walks and talks 16.00pm Room Visits 17:30pm Sundowning Activities		11:00am Meet & Greet 10:30am You've got mail 12.30pm Aromatherapy 13.00pm Monthly Birthday celebration 15.00pm Follow the rhythm One on one activities		10.00am Church service 11.00am Basketball in the garden 12.30pm Meditation time 13:30pm Armchair travel 14.00pm Greek coffee and music 15.00pm Group discussions One on one activities	

