St. Basil's		April 2025			Miranda – Mainstream / Level One	
Sunday 30	Monday 31	Tuesday 1	2 B C C C C C C C C C C C C C C C C C C	Thursday 3	4 4	5 Saturday
		9.30amExercises with Physio10.00amCoffee Club10.45amBus Outing: Luncheon11.00amYoga/Meditate11.00amRoman Catholic Church1.30pmOne-on-One2.30pmDog TherapyRoom VisitsContent	9.30amExercises with Physio10.00.amGreek OrthodoxChurch11.00.am11.00amFalls Prevention1.30pmBingoRoom Visits / Bus Lists(also assisted Shopping)	9.30am Exercises with Physio 9.45am Bus Outing - Shopping (+ assisted shopping and delivery) 10.00am Quiz Games 11.00am One-one-One 1.30pm Bus Outing - Scenic MSU 2.00pm Music with Dylan Room Visits	9.30am Exercises with Physio 10.00am Coffee Club 10:15am One-on-One 11.00am Falls Prevention 1.30pm Bingo 2.00pm Knitting/Book Club Room Visits	9.30am Chair Zumba 10:15am Coffee Club 1.00pm Art Therapy 3.00pm Rummikub Room Visits
⁶ Daylight Saving ends		8	9			12 Chair-based
 9.15am TV Exercise Session 9.45am Church Services on TV 10.15am Coffee Club 1.30pm Happy Hr (Sports Bar) 2.00pm " " (Cinema Room) Room Visits 	9.30amExercises with Physio10.00amQuiz Games10.30amChair Zumba11.amFalls Prevention1.30pmBingo1.45pmNail/Hand Care M/SRoom Visits (Bus Lists)	9.30amExercises with Physio9.45amBus Outing - Scenic10.00amCoffee Club11.00amYoga/Meditate1.30pmBus Outing - Scenic2.00pmResident Rep. MeetingRoom Visits	9.30amExercises with Physio10.00.amGreek OrthodoxChurch11.00.am11.00amFalls Prevention1.30pmBingoRoom Visits / Bus Lists alsoassisted Shopping)	9.30amExercises with Physio9.45amBus Outing - Shopping(+ assisted shopping and delivery)10.00amQuiz Games11.00amOne-one-One1.30pmBus Outing - Scenic msu2.00pmMusical GrandpasRoom Visits	9.30amExercises withPhysio10.30am10.30amOne Step UpChildcare11.00am1.30pmFalls Prevention1.30pmBingo1.45pmNail/Hand Care L1Room Visits	9.30am Chair Zumba 10.15am Coffee Club 1.00pm Art Therapy 3.00pm Rummikub Room Visits
	14	15 Food Forum	1 6 A Spiritual Conversation		¹⁸ Easter Friday	19
 9.15am TV Exercise Session 9.45am Church Services TV 10.15am Coffee Club 1.30pm Happy Hr (Sports Bar) 2.00pm " " (Cinema Room) Room Visits 	9.30amExercises with Physio10.00amQuiz Games10.30amChair Zumba11.00amFalls Prevention1.30pmBingo1.45pmNail/Hand Care M/SRoom Visits (Bus Lists)	9.30amExercises with Physio9.45amBus Outing - Scenic10.00amCoffee Club11.00amYoga/Meditate1.30pmBus Outing - Scenic2.00pmFood ForumRoom Visits	9.30amExercises with Physio10.00.amGreek OrthodoxChurch11.00.am11.00amFalls Prevention1.30pmBingoRoom Visits / Bus Lists(also assisted Shopping)	9.30amExercises with Physio9.45amBus Outing -Shopping(+ assisted shopping and delivery)10.00amQuiz Games11.00amOne-on-One1.30pmBus Outing - Scenic Msu2.00pmEaster RemembranceRoom Visits	9.30amExercises with Physio10.00amCoffee Club10:15amOne-on-One11.00amFalls Prevention1.00pmArt Therapy Room Visits	9.30am Chair Zumba 10.15am Coffee Club 2.00pm Knitting/Book Club 3.00pm Rummikub Room Visits
²⁰ Easter Sunday	²¹ Easter Monday	22 Cooking VittLOVE Heart	23	²⁴ ANZAC Day Celebrations	25 LEET WE FORGET AN ZAC DSIN APPIL	26 Chair-based Chair-based
9.15amTV ExerciseSession9.45amChurch Services TV10.15amCoffee Club1.30pmHappy Hr (SportsBar)2.00pm " " (Cinema Room)Room Visits	9.30amExercises with Physio10.00amQuiz Games(Extended)11.00am11.00amFalls Prevention1.30pmBingo1.45pmNail/Hand Care M/SRoom Visits (Bus Lists)	9.30amExercises with Physio9.45amBus Outing - Scenic10.00amCoffee Club11.00amYoga/Meditate1.30pmBus Outing - Scenic2.00pmCooking/Baking M/SRoom Visits	9.30amExercises with Physio10.00.amGreek Orthodox Church11.00.amSpiritual Discussion11.00amFalls Prevention1.30pmBingoRoom Visits / Bus Lists(also assisted Shopping)	9.30amExercises with Physio10.00amANZAC Day Celebrations11.amRoman Catholic Church1.30pmBus Outing - Scenic(MSU)2.00pm2.00pmMoviesRoom Visits	9.30amExercises with Physio10.00amCoffee Club10:15amOne-on-One11.00amFalls Prevention1.30pmBingo1.45pmNail/Hand Care L1Room Visits	9.30am Chair Zumba 10.15am Coffee Club 1.00pm Art Therapy 3.00pm Rummikub Room Visits
27	28			31 Cooking Cooking Cooking Cooking Cooking Cooking Cooking	1000	
9.15amTV ExerciseSession9.45am0.45amChurch Services TV10.15amCoffee Club2:00pmMonthly BirthdayCelebrations	9.30am Exercises with Physio 10.00am Quiz Games (extended) 11.00am Falls Prevention 1.30pm Bingo 2.00pm Patrick - Vocalist/Guitar Room Visits (Bus Lists)	9.30am Exercises with Physio 10.00am Coffee Club 10.45am Bus Outing - Luncheon 11.00am Yoga/Meditate 1.45pm Nail/Hand Care M/S Room Visits	9.30amExercises with Physio10.00.amGreek Orthodox Church11.00.amSpiritual Discussion11.00amFalls Prevention1.30pmBingoRoom Visits / Bus Lists(also assisted Shopping)	9.30amExercises with Physio9.45amBus Outing: SeniorsConcert(+ assisted shopping and delivery)10.00amQuiz Games11.00amBus Outing - Scenic MSU1.30pmOne-on-One2:00pmCooking/Baking Level 1Room Visits	Hair Dressing appointments available: - Thursdays - Fridays	