

April 2025

Lakemba: Olive Grove

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				1		2		3		4		5	
				10:00am Church Service 10:45am Live Music in the garden 12.30pm Relaxing Movie Time 14.00pm Happy Hour 15.00pm April's fool day celebration in the garden 16.00pm Room Visits 17.30pm Sundowning Activities Hairstresser Day		9:45am Seated Exercise 10.00am Volleyball game in the garden 12.30pm Relaxing Movie Time 13.30pm Scenic Drive to La Perouse 14.00pm Armchair travel 15.00pm Greek alphabet game 16.00pm Room Visits One on one activities		10.00am Church Service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.30pm Football 14.30pm "What's missing?" game 16.00pm Room Visits 17:30pm Sundowning Activities		10.00am Church Service 11:00am Sensory Garden 12.30pm Relaxing movie time 13.30pm Scenic drive to Brighton 14:00pm Armchair travel 15.00pm Golf 16.00pm Room Visits One on one activities		9:45am Seated Exercise 11.00am Volleyball in the garden 12.30pm Aromatherapy 13:30pm Jokes and proverbs 14.30pm Beauty Therapy 15.00pm Group discussions 16.00 Room Visits One on one activities	
6		7		8		9		10		11		12	
9:45am Seated Exercise 10:00am Ball games in the garden 12.30pm Aromatherapy 13:30pm Bingo 15.00pm One on one activities 16.00pm Room Visits 17.30pm Sundowning Activities		9:45am Seated Exercise 10:00am Bowling in the garden 12.30pm Aromatherapy 13:00pm Ice cream trolley 14:00pm Jokes and Proverbs 16.00pm Room visits One on One Activities		10:00am Church Service 10:45am Live Music in the garden 12.30pm Relaxing Movie Time 14.00pm Happy Hour 15.00pm Everyday Living Activities 16.00pm Room Visits 17.30pm Sundowning Activities Hairstresser Day		9:45am Seated Exercise 10.00am Bowling game in the garden 12.30pm Relaxing Time 13.30pm Scenic drive to Oatley Park 14.00pm Armchair travel 15.00pm Board games 16.00pm Room Visits One on one activities		10.00am Church Service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.00pm Parachute game 14.30pm Sound & object matching game 16.00pm Room Visits 17:30pm Sundowning Activities		9:45am Seated Exercise 10:00am Sensory garden w.music 12.30pm Relaxing Movie Time 13:30pm Scenic drive to Carss Bush Park 14:00pm Armchair travel 15.00pm Karaoke 16.00pm Room Visits One on one activities		10.00am Church Service 11.00am Balloon games in the garden 12.30pm Aromatherapy 13:30pm Cooking show on TV 14.30pm Flower Arrangements 15.30pm Group discussions 16.00 Room Visits One on one activities	
13		14		15		16		17		18		19	
9:45am Seated Exercise 10:00am Ball games in the garden 12.30pm Aromatherapy 13:30pm Sensory Garden 15.00pm One on one activities 16.00pm Room Visits 17.30pm Sundowning Activities		9:45am Seated Exercise 10:00am Beauty Treatment & Hand massage 12.30pm Aromatherapy 13:30pm Eastercrafts: baking koulourakia E/W 15.00pm Reminiscing 16.00pm Room visits One on One Activities		10:00am Church Service 10:45am Live Music in the garden 12.30pm Relaxing Movie Time 13.30pm Easter crafts: lambades E/W 15.00pm Greek coffee w.music 16.00pm Room Visits 17.30pm Sundowning Activities Hairstresser Day		9:45am Seated Exercise 10.00am Balloon games in the garden 12.30pm Relaxing Movie Time 13.30pm Eastercraft: dyeing red Easter eggs E/W 15.00pm Greek Coffee with music 16.00pm Room Visits One on one activities		10.00am Church service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.30pm Eastercrafts:Decorating the Epitafio E/W 15.00pm Reminiscing 16.00pm Room Visits 17:30pm Sundowning Activities		10.00am Church Service: Epitafios procession 12.30pm Relaxing Movie Time 13.30pm Easter Reading time 14.30pm Easter Cooking show 16.00pm Room Visits 16.00pm Room Visits One on one activities		10.00am Church service on TV 11.00am Basketball in the garden 12.30pm Aromatherapy 13:30pm Religious documentary 14.00pm Greek coffee and music 15.00pm Group discussions 16.00 Room Visits One on one activities	
20		21		22		23		24		25		26	
9:45am Seated Exercise 10:00am Ball games in the garden 12.00pm Easter Lunch 12.30pm Aromatherapy 13:30pm Gardening 15.00pm One on one activities 16.00pm Room Visits 17.30pm Sundowning Activities		9:45am Seated Exercise 10:00am Flower Arrangements 12.30pm Aromatherapy 13:00pm Ice cream trolley 14:00pm Reading 15.00pm Basketball 16.00pm Room visits 17:30pm Pyjama party-Cinema night E/W		10:00am Church Service 10:45am Live Music in the garden 12.30pm Relaxing Movie Time 14.00pm Happy Hour 15.00pm Memory Games 16.00pm Room Visits 17.30pm Sundowning Activities Hairstresser Day		9:45am Seated Exercise 10.00am Golf in the garden 12.30pm Relaxing Movie Time 13.00pm Easter Celebration 15.00pm Photo guessing game 16.00pm Room Visits One on one activities		10.00am Church Service 10.30am Art Therapy 12.30pm Relaxing Movie Time 13.30pm Everyday Living Activities 14.30pm Ball Toss w.Greek words 16.00pm Room Visits 17:30pm Sundowning Activities		9:45am Seated Exercise 10:30am Pet Time in the garden 12.30pm Relaxing Movie Time 13.30pm Anzac Day documentary 14.30pm Hand massage/manicure 16.00pm Room Visits One on one activities		10.00am Church Service 11.00am Ball games in the garden 12.30pm Aromatherapy 13:30pm Karaoke 15.00pm Group discussions 16.00 Room Visits One on one activities	
27		28		29		30							

9:45am Seated Exercise 10:00am Ball games in the garden 12.30pm Aromatherapy 13:30pm Bingo 15.00pm One on one activities 16.00pm Room Visits 17.30pm Sundowning Activities	9:45am Seated Exercise 10:00am Balloon games in the garden 12.30pm Aromatherapy 13:00pm Ice cream trolley 14:00pm Flower Arrangements 15.00pm Reading a story 16.00pm Room visits One on one Activities	10:00am Church Service 10:45am Live Music in the garden 12.30pm Relaxing Movie Time 13.00pm Monthly Birthday celebration 15.00pm Crafts 16.00pm Room Visits 17.30pm Sundowning Activities Hairdresser Day	9:45am Seated Exercise 10.00am Basketball game in the garden 12.30pm Relaxing Movie Time 13.00pm Visit from the Greek presidential Guards 15.00pm What's missing? game 16.00pm Room Visits One on one activities			
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