

























April 2025

Randwick: MSU

| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | |
|--|---|--|---|--|--|---|---|---|---|--|---|--|---|
| | | | | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  |
| | |  | | 9:30am Meet & Greet 9:30am Seated Exercise 10.30am Bus Outing 12.30pm Relaxing Time-Aromatherapy 1.30pm Hand Massage/Manicure 2.30pm Crafts – Easter Cards Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Gardening with Coffee 12.30pm Aromatherapy 1.30pm Art Therapy 2.00pm Balloon Games L2 Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Church Service 10:30am Catholic Mass 12.30pm Aromatherapy 1.30pm Puzzle Games 2.30pm Memory Photos Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30pm Singalong 12.30pm Aromatherapy 2.30pm Balloon Games Individual Activities | | 9:30am Meet & Greet 10.30am Zumba – L2 12.30pm Relaxing Time/Aromatherapy 1.30pm Garden Walks 2.30pm Bowling Individual Activities | |
| 6 |  | 7 |  | 8 |  | 9 |  | 10 |  | 11 |  | 12 |  |
| 9:30am Meet & Greet 9.30am Live Church Service 10:00am Pet Therapy 10.30am Karaoke-Singalong 12.30pm Aromatherapy 1.30pm Armchair Travel Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Greek Concert /Sotiris 12.30pm Relaxing Time-Aromatherapy 2.30pm Happy Hour L2 Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Bus Outing 12.30pm Relaxing Time-Aromatherapy 1.30pm Hand Massage/Manicure 2.30pm Crafts for Easter Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Craft – Painting Easter Eggs 12.30pm Aromatherapy 1.30pm Art Therapy 2.00pm Balloon Games L2 Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Church Service 12.30pm Aromatherapy 1.30pm Puzzle Games 2.30pm Memory Photos Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30pm Singalong 12.30pm Aromatherapy 2:00pm Volleyball Individual Activities | | 9:30am Meet & Greet 10.30am Zumba – L2 12.30pm Relaxing Time/Aromatherapy 1.30pm Garden Walks 2.30pm Bowling Individual Activities | |
| 13 |  | 14 |  | 15 |  | 16 |  | 17 |  | 18 |  | 19 |  |
| 9:30am Meet & Greet 9.30am Live Church Service 10.30am Karaoke-Singalong 12.30pm Aromatherapy 1.30pm Armchair Travel Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Greek Concert /Sotiris 12.30pm Relaxing Time-Aromatherapy 2.30pm Happy Hour L2 Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Bus Outing 12.30pm Relaxing Time-Aromatherapy 1.30pm Hand Massage/Manicure 22.00pm Cooking – Easter Biscuits Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Craft – Easter Candles 12.30pm Aromatherapy 1.30pm Art Therapy 2.00pm Balloon Games Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Epitafios Preparations at Chapel 12.30pm Aromatherapy 2.30pm Memory Photos Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Church Service 11.00am The Epitafios Procession 12.30pm Aromatherapy 2:00pm Easter Red Eggs Individual Activities | | 9:30am Meet & Greet 10.30am Zumba – L2 12.30pm Relaxing Time/Aromatherapy 1.30pm Garden Walks 2.30pm Bowling Individual Activities | |
| 20 |  | 21 |  | 22 |  | 23 |  | 24 |  | 25 |  | 26 |  |
| 9:30am Meet & Greet 9.30am Live Church Service 10.30am Karaoke-Singalong 12.30pm Aromatherapy 1.30pm Armchair Travel Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Greek Concert L2 12.30pm Relaxing Time-Aromatherapy 2.30pm Ice cream time Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Bus Outing 10.30am Residents Meeting L1 12.30pm Relaxing Time-Aromatherapy 2.30pm Crafts for Anzac Day Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Puzzle Games 11.00pm BBQ & Birthday Celebration 2:30pm Sensory Games Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Church Service 12.30pm Aromatherapy 2.30pm Anzac Day Celebration Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Parachute Game 12.30pm Aromatherapy 2.00pm Ice cream time Individual Activities | | 9:30am Meet & Greet 10.30am Zumba – L2 12.30pm Relaxing Time/Aromatherapy 1.30pm Garden Walks 2.30pm Bowling Individual Activities | |
| 27 |  | 28 |  | 29 |  | 30 |  | | | | | | |
| 9:30am Meet & Greet 9.30am Live Church Service 10.30am Karaoke-Singalong 12.30pm Aromatherapy 1.30pm Armchair Travel Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Greek Concert /Sotiris 12.30pm Relaxing Time-Aromatherapy 2.30pm Happy Hour L2 Individual Activities | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Bus Outing 12.30pm Relaxing Time-Aromatherapy 1.30pm Hand Massage/Manicure 2.30pm Magic Sand Craft | | 9:30am Meet & Greet 9.30am Seated Exercise 10.30am Ring Toss Game with coffee 12.30pm Aromatherapy 1.30pm Art Therapy 2.00pm Balloon Games L2 | | | | | | | |