









April 2025

Randwick: Level 2 ,3 ,4

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				1		2		3		4		5	
				9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing 10.30am Table Games – L3 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 2.00pm Art & Craft – Easter Cards 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Trivia L3 12.30pm Relaxing Time with Movie 1.30pm Bingo L3 2.00pm Balloon Games L2 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 10.30am Catholic Mass L1 12.30pm Relaxing Time with Movie 1.30pm Garden Walks L5 2.00pm Board Games L3 2:00pm Knitting Group L4 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30 am Bus Outing 10.30am Women's Club L2 11.00am Men's Club L3 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 4.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
6		7		8		9		10		11		12	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am Pet Therapy 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour - Greek Concert 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing 10.30am Table Games – L3 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 2.00pm Knitting Group 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Trivia L3 12.30pm Relaxing Time with Movie 1:30pm Craft – Painting Easter Eggs 2.00pm Garden Walks L5 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 11:00am Group Discussions L4 12.30pm Relaxing Time with Movie 1.30pm Garden Walks L5 2.00pm Bingo L3 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30 am Shopping Outing 10.30am Women's Club L2 11.00am Men's Club L3 12.30pm Relaxing Time with Movie 2.00pm Ice cream Time 4.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
13		14		15		16		17		18		19	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing 10.30am Discussion & Reminiscing 12.30pm Relaxing Time with Movie 1:30pm Bus Outing 2.00pm Cooking – Easter Biscuits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Garden Walks L5 12.30pm Relaxing Time with Movie 1.30pm Craft – Easter Candles 2.00pm Balloon Games L3 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Epitafios Preparations at Chapel 10.30am Group Discussion L4 2:00pm Trivia L3 3.00pm Room Visits		9:30am Meet & Greet 10.30am Church Service 11.00am The Epitafios Procession 12.30pm Relaxing Time with Movie 2:00pm Easter Red Eggs 3.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
20		21		22		23		24		25		26	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 10.30am Greek Concert L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Ice cream time 2.00pm Trivia L3 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing 10.30am Residents Meeting L1 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 2.00pm Crafts for Anzac Day 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Table Games 11.00pm BBQ & Birthday Celebration 3.00pm Art Therapy L2 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 10.30am Gardening L5 12.30pm Relaxing Time with Movie 2.30pm Anzac Day Celebration 3.30pm Room Visits		9:30am Meet & Greet 10.30am Women's Club L2 11.00am Men's Club L3 12.30pm Relaxing Time with Movie 2.00pm Ice cream time 3.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
27		28		29		30							
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour - Greek Concert 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 2.00pm Art & Craft 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Quoits Game 12.30pm Relaxing Time with Movie 1.30pm Bingo L3 2.00pm Garden Walks L5 3.00pm Room Visits							