
































# March 2025

**Randwick: Level 2 ,3 ,4**

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<b>30</b>		<b>31</b>										<b>1</b>	
9:30am Meet & Greet 9:30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9:30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour 3.00pm Room Visits										9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Let's Fly Kites L5 12.30pm Relaxing Time with Movie 2.30pm Happy Hour - Greek Concert 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing La Perouse 10.30am Table Games - L3 12.30pm Relaxing Time with Movie 1.30pm Bus Outing Centennial Park 2.00pm Crafts for Women's Day 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Trivia L3 12.30pm Relaxing Time with Movie 1.30pm Bingo L3 2.00pm Balloon Games L2 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 10.30am Catholic Mass L1 12.30pm Relaxing Time with Movie 1.30pm Garden Walks L5 2.00pm Flower Arrangements L1 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10:30 am Bus Outing 10.30am Women's Club L2 11.00am Men's Club L3 12.30pm Relaxing Time with Movie 2.30pm High Tea Women's Day 4.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Shopping Outing 12.30pm Relaxing Time with Movie 2.00pm Crafts for St Patricks Day 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Garden Walks L5 12.30pm Relaxing Time with Movie 1.30pm Bingo L2 2.00pm Balloon Games L3 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 10.30am Art & Craft - L3 12.30pm Relaxing Time 1.30pm Group Discussions L4 2.00pm Board Games L2 - L3 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Women's Club L2 11.00am Men's Club L3 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 2.00pm Music with Lucy 3.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Bus Outing for Lunch 12.30pm Relaxing Time with Movie 2.00pm Crafts for Greek Day 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Trivia L3 10.30am Harmony Day Celebration - L2 12.30pm Relaxing Time with Movie 1.30pm Art Therapy L2 2.00pm Garden Walks L5 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 10.30am Gardening L5 12.30pm Relaxing Time with Movie 2.30pm Elvis Presley Show 3.30pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Women's Club L2 11.00am Men's Club L3 12.00pm Relaxing Time with Movie 2.00pm Residents Meeting L1 3.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	
<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>	
9:30am Meet & Greet 9.30am Live Church Service L2 10.30am Karaoke-Singalong L2 10.30am One on One 12.30pm Relaxing Time with Movie 2.00pm Bingo L2 2.00pm Church Visits-Walks 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Coffee Club 11.00am Bowling L2 11.00am Hand Massage/Manicures 12.30pm Relaxing Time with Movie 2.00pm Happy Hour 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Church Service 10.30am Bus Outing La Perouse 12.30pm Relaxing Time with Movie 1.30pm Bus Outing Centennial Park 2.00pm Crafts for Birthdays 3.15pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Art Therapy L2 10.30am Quoits Game 12.30pm Relaxing Time with Movie 1.30pm Bingo L3 2.00pm Garden Walks L5 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise 10.30am Trivia - L3 10.30am Garden Walks - L5 12.30pm Relaxing Time 1.30pm Knitting Group L2 2.00pm Table Games L3 3.00pm Room Visits		9:30am Meet & Greet 9.30am Seated Exercise L2 10.30am Birthday Celebration L1 12.30pm Relaxing Time with Movie 1.30pm Bus Outing 2.00pm Ice Cream Time 3.00pm Room Visits		9:30am Meet & Greet 10.30am Zumba L2 10.30am Hand Massage/Manicures 12.30pm Relaxing Time/Aromatherapy 1.30pm Gardening L5 2.30pm Movie with Snacks L2-L3 3.00pm Room Visits	