

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						1		2		3		4	
							09:30am Meet & Greet 10.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Ice Cream Trolley 2.00pm Manicure and Hand Massage 3.00pm Individual Activities		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Art Therapy E/W Lounge 2.00pm Bingo Fun 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Ball Game 01.30pm Aromatherapy 2.00pm Bus Outing for Coffee 3.00pm Room Visits		09:30am Meet & Greet 10.00am Greek Coffee 10.30am Zumba Time E/W Lounge 10.30am Outdoor Walking 1.00pm Movie with snacks 2.00pm Bowling E/W Lounge 3.00pm Group Discussions
5		6		7		8		9		10		11	
	09:30am Meet & Greet 9.30am Live Church Service on TV 10.00am Greek Coffee 11.00am Board Games E/W Lounge 1.00pm Aromatherapy & Calm Music 2.00pm Bingo Time E/W Lounge 3.00pm One on One activities		09:30am Meet & Greet 10.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Photo Memories L2 1.00pm Parachute game E/W Lounge 2.00pm Movie with snacks E/W Lounge 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Balloon Game 1.00pm Entertainment with Sotiris 2.00pm Happy Hour 3.00pm Room Visits		09:30am Meet & Greet 10.00am Balloon Games 10.30am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Ice Cream Trolley 2.00pm Bus Trip 2.00pm Armchair Travel 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Ring Toss Game 1.00pm Art Therapy E/W Lounge 2.00pm Bus Trip 2.00pm Aromatherapy with Music 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Seated Exercise 1.30pm Bus Outing 2.00pm Entertainment at E/W 2.00pm Sensory activity L2 3.00pm Room Visits		09:30am Meet & Greet 10.00am Greek Coffee 10.30am Zumba Time E/W Lounge 11.00am Outdoor Walking 1.00pm Movie with snacks 2.00pm Bowling E/W Lounge 3.00pm Group Discussions
12		12		14		15		16		17		18	
	09:30am Meet & Greet 9.30am Live Church Service on TV 10.00am Greek Coffee 10.45am Board Games E/W Lounge 1.00pm Aromatherapy & Calm Music 2.00pm Bingo Time E/W Lounge 3.00pm One on One activities		09:30am Meet & Greet 10.00am Greek Coffee with Music 11.00am Bowling Game 1.00pm Photo Memories L2 1.00pm Group Discussions E/W Lounge 2.00pm Cooking Club 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Ball Game 1.00pm Live Music with Sotiris E/W Lounge 2.00pm Happy Hour 3.00pm Room Visits		09:30am Meet & Greet 10.00am Balloon Games 10.30am Greek Coffee 11.00am Floral Arrangement 1.00pm Ice Cream Trolley 2.00pm Bus Trip 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Sensory Therapy L2 1.00pm Art Therapy E/W Lounge 2.00pm Bus Trip 2.30pm Armchair Travel 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Balloon Game L2 1.45pm Bus Outing for coffee 2.00pm Sensory Therapy 3.00pm Room Visits		09:30am Meet & Greet 10.00am Greek Coffee 10.30am Zumba Time E/W Lounge 10.30am Outdoor Walking 1.00pm Movie with snacks 2.00pm Balloon Game 3.00pm Group Discussions
19		20		21		22		23		24		25	
	09:30am Meet & Greet 9.30am Live Church Service on TV 10.00am Greek Coffee 10.45am Board Games E/W Lounge 1.00pm Aromatherapy & Calm Music 2.00pm Bingo Time E/W Lounge 3.00pm One on One activities		09:30am Meet & Greet 10.00am Greek Coffee with music 10.30am Sensory Therapy L2 11.00am Seated Exercise E/W Lounge 1.00pm Parachute game E/W Lounge 2.00pm Movie with snacks E/W Lounge 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Live Music with Sotiris E/W Lounge 2.00pm Happy Hour 3.00pm Room Visits		09:30am Meet & Greet 10.00am Smell Jars 10.30am Greek Coffee 11.00am Seated Exercise 1.00pm Ice Cream Trolley 2.00pm Bus Trip 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Art Therapy E/W Lounge 2.00pm Bus Trip 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.45pm Bus Outing for coffee 2.00pm Happy Hour E/W Lounge 3.00pm Room Visits		09:30am Meet & Greet 10.00am Greek Coffee 10.30am Zumba Time E/W Lounge 10.30am Outdoor Walking 1.00pm Movie with snacks 2.00pm Bowling E/W Lounge 3.00pm Group Discussions
26		27		28		29		30		31			
	09:30am Meet & Greet 9.30am Live Church Service on TV 10.00am Greek Coffee 10.45am Board Games E/W Lounge 1.00pm Aromatherapy & Calm Music 2.00pm Bingo Time E/W Lounge 3.00pm One on One activities		09:30am Meet & Greet 10.00am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Smell Jars L2 1.00pm Parachute game E/W Lounge 2.00pm Lost and Found Clothes 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 10.30am Greek Coffee 11.00am Seated Exercise E/W Lounge 1.00pm Live Music with Sotiris E/W Lounge 2.00pm Happy Hour 3.00pm Room Visits		09:30am Meet & Greet 10.00am Greek Coffee with Music 11.00am Balloon Game 1.00pm Ice Cream Trolley 2.00pm Bus Trip 2.00pm Armchair Travel 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 10.30am Greek Coffee with music 11.00am Seated Exercise E/W Lounge 1.00pm Art Therapy E/W Lounge 2.00pm Bus Trip 2.00pm Aromatherapy with Music 3.00pm Room Visits		09:30am Meet & Greet 10.00am Church Service 11.00am Greek Coffee with music 11.00am Bowling Game 1.45pm Bus Outing for coffee 2.00pm Birthday Party with Music 3.00pm Room Visits		

