St.Basil's LIFESTYLE OPTIONS FOR AGEING AUSTRALIA		March 2025			Miranda - MSU		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
30	31				Hair Salon	1 ART THERAPY	
9.30am Church Service on TV 10.15am Coffee Club 11.00am Garden Walks 2.00pm Monthly Birthday Celebrations	9.30am Meet & Greet 10.00am Coffee Club 11.00am Sensory Box 1.30.pm Nail/Hand Care 3.00pm Relaxing Music One-on-One				Hairdresser Appointments: - Thursdays - Fridays	9.30am Meet & Greet 10.00am Art Therapy 1.30pm Garden Walks 3.30pm Funny Home Videos Room Visits	
2 HAPPY HOUR	3 RELAXING MUSIC	4	5	BUS TRIP	7	8	
9.30am Church Service on TV 10.15am Coffee Club 11.00am Garden Walks 2.00pm Movie Time/Happy Hour Room Visits	9.30am Meet & Greet 10.00am Coffee Club 11.00am Clean Monday 1.30pm Nail/Hand Care 3.00pm Relaxing Music One-on-One	9.30am Meet & Greet 10.30am Chair Zumba 11.00am Roman Catholic Church 11.00am Yoga & Meditation 1.30pm Precious Pats Pet Therapy 2:30pm Physiotherapy exercises 3.30pm Movie Time Room Visits	9.30am Meet & Greet 10.00am Greek Orthodox Church 11.00am Spiritual Discussions 1.30pm Singalong - Suzie Q 3.00pm Armchair Travel Room Visit	9.30am Meet & Greet 10.00am Coffee Club 11.00am Ball Games 1.30pm Bus Outing – Scenic 3.00pm Music with Dylan Room Visits	9.30am Meet & Greet 10.00am Sensory Box 11.00am Garden Walks 1.30pm Ice Cream Trolley 3.00pm Touch & Smell - Garden Room Visits	9.30am Meet & Greet 10.00am Art Therapy 1.30pm Garden Walks 3.30pm Funny Home Videos Room Visits	
9 VIRTUAL CHURCH	10	2VMBA gold seated	12	13 MUSICAL GRANDRAS	14 Happy St. Patrick's Day	15 CONTRACTOR OF THE PROPERTY	
9.30am Church Service on TV 10.15am Coffee Club 11.00am Garden Walks 2.00pm Movie Time/Happy Hour Room Visits	9.30am Meet & Greet 10.00am Coffee Club 11.00am Garden Walks 1.30pm Nail/Hand Care 3.00pm Funny Videos One-on-One	9.30am Meet & Greet 10.30am Chair Zumba 11.00am Table Games 1.30pm Milkshakes 2:30pm Physiotherapy exercises 3.30pm Sensory Activities Room Visits	9.30am Meet & Greet 10.00am Greek Orthodox Church 11.00am Spiritual Discussions 1.30pm Singalong - Suzie Q 3.00pm Armchair Travel Room Visit	9.30am Meet & Greet 10.00am Coffee Club 1.30pm Bus Outing - Scenic 3.00pm Musical Grandpas Room Visits	9.30am Meet & Greet 10.00am Sensory Mats 11.00am Garden Walks 1.30pm Cooking / Baking 2.00pm (St.) Patrick's Day - Community Hall Room Visits	9.30am Meet & Greet 10.00am Art Therapy 1.30pm Garden Walks 3.30pm Funny Home Videos Room Visits	
16 HAPPY HOUR	17	18	19 conversations	20	HARMONY DAY	22	
9.30am Church Service on TV 10.15am Coffee Club 11.00am Garden Walks 2.00pm Movie Time/Happy Hour Room Visits	9.30am Meet & Greet 10.00am Coffee Club 11.00am Gardening 1.30pm Nail/Hand Care 3.00pm Balloon Games One-on-One	9.30am Meet & Greet 10.30am Chair Zumba 11.00am Garden Walks 1.30pm Cooking / Baking 2:30pm Physiotherapy exercises 3.30pm Sensory Mats Room Visits	9.30am Meet & Greet 10.00am Greek Orthodox Church 11.00am Spiritual Discussions 1.30pm Singalong – Suzie Q 3.00pm Funny Videos Room Visits	9.30am Meet & Greet 10.00am Coffee Club 11.00am Roman Catholic Church 1.30pm Bus Outing - Scenic 1.45pm Singalong - Suzie Q Room Visits	9.30am Meet & Greet 10.00am Harmony Day - Paul 11.00am Garden Walks 1.30pm Sensory Box 2.30pm Movie Time Room Visits	9.30am Meet & Greet 10.00am Art Therapy 1.30pm Garden Walks 3.30pm Funny Home Videos Room Visits	
VIRTUAL CHURCH	24	INDEPENDENCE DAY 25TH MARCH	26	BUS TRIP	28	29 (CONTINUED) PLEASE REFER TO TOP LEFT CORNER OF CALENDAR	
9.30am Church Service on TV 10.15am Coffee Club 11.00am Garden Walks 2.00pm Movie Time/Happy Hour Room Visits	9.30am Meet & Greet 10.00am Coffee Club 11.00am Garden Walks 1.30pm Nail/Hand Care 3.00pm Movie Time One-on-One	9.30am Meet & Greet 10.30am Chair Zumba 11.00am Garden Walks 2.00pm Greek Independence Day 2:30pm Physiotherapy exercises 3.30pm Sensory - Herbs Room Visits	9.30am Meet & Greet 10.00am Greek Orthodox Church 11.00am Spiritual Discussions 1.30pm Singalong - Suzie Q 3.00pm Armchair Travel Room Visits	9.30am Meet & Greet 10.00am Coffee Club 11.00am Table Games (Puzzles) 1.30pm Bus Outing - Scenic 1.45pm Singalong - Suzie Q 3.00pm Balloon Games Room Visits	9.30am Meet & Greet 10.00am Garden Walks 11.00am Sensory Activities (Herbs) 1.30pm Singalong - Suzie Q 2.00pm Sotiris (Community Hall) Room Visits	9.30am Meet & Greet 10.00am Art Therapy 2:30pm Physiotherapy exercises 3.30pm Funny Home Videos Room Visits	