

ST BASIL'S MIRANDA - LEISURE & LIFESTYLE ACTIVITY CALENDAR – MEMORY SUPPORT UNIT - APRIL

MONDAY 22 nd Apr	TUESDAY 23 rd Apr	WEDNESDAY 24 th Apr	THURSDAY 25 th Apr	FRIDAY 26 th Apr	SATURDAY 27 th Apr	SUNDAY 28 th Apr
9:30am Morning Greetings with Aromatherapy and Daily Orientation Board 	9:30am Music and Movement with Emma 	9:30am Morning Greetings with Aromatherapy and relaxing music 	9:30am Morning Greetings with Aromatherapy and relaxing music 	9:30am Morning Greetings with Aromatherapy and Daily Orientation Board 	9:30am Morning Greetings with Aromatherapy and Daily Orientation Board 	9:30am Morning Greetings with Aromatherapy and Daily Orientation Board 
10:00am: Coffee Club in Garden (if weather permits) or Lounge Room 	10:00am Art Therapy in the Dining Room 	10:00am Chapel Service 	10:00am: ANZAC Day Commemoration (Livestream) 	10:00am: Basketball/Table Games (residents' choice) 	10:00am Art Therapy in the dining room 	9:30am Virtual Church Services in All Areas 
11:00am Garden Walks/Calls to Family (residents' choice) 	1:30pm Table Games / Puzzles (residents' choice) 	11:00am Garden Walks - reminiscing 	11:00am Balloon Tennis 	11:00am Garden Walks - reminiscing 	2:00pm Table Games 	11:00am Garden Walks – sensory flowers 
2:00pm Nail Pampering / Hand Care 	2:30pm Hand Massage/Nail Pampering (residents' choice) 	2:00pm Table Games / Puzzles (residents' choice) 	2:00pm Ice Cream Trolley 	1:30pm Sensory Stimulation with Flowers or Fiddle Mats (residents' choice) 	3:30pm “Caught on Candid Camera” Videos or Funny Videos - animals/babies (residents' choice) 	2:00pm Birthday Celebration 
3:00pm Greek Dancers (Students) 	3:30pm Garden Walks – sensory flowers 	3:00pm Sensory Stimulation with Activity Mats 	3:00pm Armchair Travel 	3:00pm Movie Time in Lounge Area 	 HAIRDRESSER APPOINTMENTS AVAILABLE THURSDAYS & FRIDAYS Meal and Refreshment + Hydration Rounds 8:00am Breakfast 12:00pm Lunch 5:00pm Dinner 11:00am and 7:00pm Drinks and Snacks provided 	
Room visits 	Room visits 	Room visits 	Room visits 	Room visits 	<ul style="list-style-type: none"> - Delivery of newspapers and mail - Encouragement to daily activities - Assistance to activities of interest 	