

MONDAY 22 nd Apr	TUESDAY 23 rd Apr	WEDNESDAY 24 th Apr	THURSDAY 25 th Apr	FRIDAY 26 th Apr	SATURDAY 27 th Apr	SUNDAY 28 th Apr
9:30am Exercises with Physio in Community Hall 	9:30am Exercises with Physio in Community Hall 	9:30am Exercises with Physio in Community Hall 	9:30am Exercises with Physio in Cinema Room 	9:30am Exercises with Physio in Community Hall 	9:30am Exercises with Physio in Community Hall 	9:15am Guided Virtual Exercises Tutorial in the Community Hall 
10am Quiz Games in the Community Hall 	10:00am Greek Easter Craft (Father Constantine) - Community Hall 	10:00am Greek Orthodox Service in the Chapel 	10:00am Late Dawn coffee in Community Hall with Anzac Biscuits 	10:15am: Coffee Club in the Community Hall 	10:15am: Coffee Club in the Community Hall 	9:30am Virtual Church Services in All Areas 
10:30am Music and Movement with Emma in the Community Hall 	10:15am: Coffee Club / Bus Trip (Residents' choice) 	11:00am: Spiritual Discussion 	10:30am ANZAC Day Commemoration 	11:00am Falls Prevention Physio in the Gym 	1:00pm Art Therapy in the Community Hall 	2:00pm: Birthday Celebration 
1:30pm Bingo in the Sports Bar 	11:00am: Yoga and Meditation in the Cinema Room 	1:30pm Bingo in the Sports Bar 	1:30pm Movie in the Sports Bar/Cinema Room 	1:30pm: Bingo in the Sports Bar 	3:30pm: Individual Activities/Room Visits 	3:00pm: Individual Activities/Room visits 
2:00pm: Greek Dancing (Students) Community Hall 	1:00pm: Art Therapy in the Community Hall 	2:00pm Movie & Snacks in Cinema Room 	3:00pm: Pampering/Hand Massage (Residents' choice) 	2:00pm: Sotiris (Greek entertainment) – Community Hall 	 HAIRDRESSER APPOINTMENTS AVAILABLE THURSDAYS & FRIDAYS Daily Hydration Rounds at 11am & 7pm in all areas.	
3:15pm: Falls Prevention with Physio In Gym 	3:15pm: Exercises with Physio in Gym 	3:15pm: Falls Prevention with Physio 	3:15pm: Exercises with Physio in Gym 	3:15pm: Individual Activities/Room Visits 	Monday to Sunday from 9:20am: Leisure & Lifestyle Officers <ul style="list-style-type: none"> - Morning greets - Delivery of newspapers and mail - Invitation/Encouragement to daily activities - Assistance to activities of interest Monthly barbeque <i>*Activities may be subject to change due to unforeseen circumstances*</i>	