

### April 2024, Leisure & Lifestyle Program for Olive Grove Section

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Live Broadcasting of the Sunday Church Service</li> <li>Group Exercise and Mobility Games</li> <li>Garden Walks</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>	<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Bus Trip</li> <li>Group Exercise and Mobility Games</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>	<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Church Service with Bishop Iakovos (10:00 – 11:00 am)</li> <li>Music Entertainment with Sotiris – Bouzouki player. (10:00 – 11:00 am)</li> <li>Group Exercise and Mobility Games</li> <li>Garden Walks</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>	<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Bus Trip</li> <li>Group Exercise and Mobility Games</li> <li>Zumba or Yoga Class (Every other week)</li> <li>Garden Walks</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>	<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Art Therapy (09:00am)</li> <li>Group Exercise and Mobility Games</li> <li>Garden Walks</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>	<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Bus Trip</li> <li>Church Service with Fr. Stavros (10:00 – 11:00 am)</li> <li>Group Exercise and Mobility Games</li> <li>Garden Walks</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>	<p>10:00 – 11:30 AM</p> <ul style="list-style-type: none"> <li>Church Service with Fr. Stavros (10:00 – 11:00 am)</li> <li>Group Exercise and Mobility Games</li> <li>Garden Walks</li> <li>Gardening or Watering the Plants</li> <li>Floral Arrangement</li> <li>Garden Sweeping</li> <li>Day out in the Garden with Morning tea</li> </ul>
<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>	<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>	<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Happy Hour (02:00 pm)</li> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>	<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>	<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>	<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>	<p>11:30 AM Lunch</p> <p>12:30-02:00 PM</p> <ul style="list-style-type: none"> <li>Music Therapy</li> <li>Movies/ Documentary</li> <li>Armchair Travel</li> </ul> <p>02:00 – 03:30 PM</p> <ul style="list-style-type: none"> <li>Board and Memory Games</li> <li>Afternoon Tea</li> <li>Beauty Treatment</li> <li>Arts and Crafts</li> <li>Reading or Book Clubs</li> <li>Sensory Therapy</li> <li>Doll Therapy</li> <li>Pet Therapy</li> </ul> <p>4:30 PM Dinner</p>
<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>	<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>	<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>	<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>	<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>	<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>	<p>05:30 – 07:00 PM</p> <ul style="list-style-type: none"> <li>Evening Walks</li> <li>Gentle Exercise</li> <li>Arts and Crafts</li> <li>Game Night</li> <li>Movies &amp; Documentary</li> <li>Music &amp; Specialty Drink</li> <li>Night</li> <li>Sensory Therapy</li> <li>Aroma Therapy</li> <li>Doll Therapy</li> </ul>
<p><b>Special Events:</b></p> <ul style="list-style-type: none"> <li>Farm Outing 10/04/2024</li> <li>Family and Relatives Meeting 17/04/2024</li> <li>ANZAC DAY 25/04/2024</li> <li>Αυτάρκης Συναθροισμ 27/04/2024</li> <li>Palm Sunday 28/04/2024</li> </ul>						<p><b>Reminders:</b></p> <ul style="list-style-type: none"> <li>Consumer Representatives Meeting 11am 13/02/2024.</li> <li>Fr. Stavros visits every Friday and Saturday</li> <li>Fr. Pantelimonos visits during Monday or Tuesday</li> <li>Bishop Iakovos visits every Tuesday.</li> <li>The hairdresser comes every Tuesday.</li> <li>Dining Experience (Lunch at 11:30 am &amp; Dinner at 04:30 pm)</li> </ul>

Activities may be subject to change. If there are any changes, please refer to the daily flyers posted in the communal areas.

