

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 EASTER MONDAY</p> <p>09:30 am- Bus Trip 11:00 am- Exercise with Physio at East/West Lounge 01:30 pm- Shopping Trip to Roselands Shopping Center 03:00 pm- Room Visits 5:30pm- Reading & Book Discussion in LV</p>	<p>2</p> <p>10:00 am – Church Service 11:00 am – Pastoral Visit 02:00 pm – Entertainment w/ Sofitris in LV Ground 03:00 pm – Room Visits 05:30 pm – Storytelling in LV</p>	<p>3</p> <p>09:30 am – Bus Trip 10:30 am- Zumba/Yoga Class at LV 1st floor 11:00 am- Exercise with Physio at East/West Lounge 1:30 pm- Aroma therapy 03:00 pm – Room Visits 04:30 pm – Couples Dinner 05:30 pm – Special Drink's Night</p>	<p>4</p> <p>09:30 am- Art Therapy in East/West Lounge 11:00 am – Group Exercise 02:00 pm – Bingo 03:00 pm – Room Visits 05:30 pm - Men's & Women's Club in LV</p>	<p>5</p> <p>09:30 am – Bus Trip 09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 02:00 pm – Happy Hour 05:30 pm- Games Night in LV</p>	<p>6</p> <p>10:00 am – Church Service 11:00 am- Pastoral Visit 01:30 pm – Music with Alberto at LV Ground. 03:00 pm – Room Visits</p>	
<p>7</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 01:30 pm – Bingo at Lvl 2 lounge. 03:00 pm – Room Visits</p>	<p>8</p> <p>09:30 am- Bus Trip 11:00 am- Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>9</p> <p>10:00 am – Church Service 11:00 am – Pastoral Visit 02:00 pm – Entertainment w/ Sofitris in East / West lounge 03:00 pm – Room Visits 05:30 pm – Storytelling in LV</p>	<p>10 FARM OUTING</p> <p>10:00 am- Farm Outing 10:30 am- Zumba/Yoga Class at LV 1st floor 11:00 am- Exercise with Physio at East/West Lounge 01:30 pm – Cooking Club 03:00 pm- Room Visits 05:30 pm – Special Drink's Night</p>	<p>11</p> <p>09:30 am- Art Therapy in East/West Lounge 11:00 am – Group Exercise 02:00 pm – Bingo 03:00 pm – Room Visits 05:30 pm - Men's & Women's Club in LV</p>	<p>12</p> <p>09:30 am – Bus Trip 09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 02:00 pm – Happy Hour 05:30 pm- Games Night in LV</p>	
<p>14</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 02:00 pm – Afternoon coffee in Level 2 courtyard. 03:00 pm – Room Visits</p>	<p>15</p> <p>09:30 am- Bus Trip 11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm- Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>16</p> <p>10:00 am – Church Service 11:00 am – Pastoral Visit - Consumer Focus Meeting 02:00 pm – Entertainment w/ Sofitris in LV Ground 03:00 pm – Room Visits 05:30 pm – Storytelling in LV</p>	<p>17 Residents and Family Meeting/ Food Forum</p> <p>09:30 am – Bus Trip 10:30 am- Zumba/Yoga Class at LV 1st floor 11:00 am- Exercise with Physio at East/West Lounge 1:30- pm- Movies with Snacks 03:00 pm – Room Visits 04:30 pm – Couple's Dinner 05:30 pm – Special Drink's Night</p>	<p>18</p> <p>09:30 am- Art Therapy in East/West Lounge 02:00 pm – MEGA Bingo in LV Ground Floor 03:00 pm – Room Visits 05:30 pm - Men's & Women's Club in LV</p>	<p>19</p> <p>09:30 am – Bus Trip 09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 02:00 pm – Happy Hour 05:30 pm- Games Night in LV</p>	
<p>21</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 01:30 pm – Bingo at Lvl 2 lounge 03:00 pm – Room Visits</p>	<p>22</p> <p>09:30 am- Bus Trip 11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm- Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>23 LUNCH OUTING</p> <p>10:00 am – Church Service 11:00 am- Lunch Outing to Cyprus Club 11:00 am – Pastoral Visit 02:00 pm – Entertainment w/ Sofitris in LV Ground 03:00 pm – Room Visits 05:30 pm – Storytelling in LV</p>	<p>24 Elizabeth name day</p> <p>09:30 am – Bus Trip 10:30 am- Zumba/Yoga Class at LV 1st floor 11:00 am- Exercise with Physio at East/West Lounge 1:30 pm- Snake and Ladder game 03:00 pm- Room Visits 05:30 pm – Special Drink's Night</p>	<p>25 ANZAC DAY</p> <p>09:30 am- Art Therapy in East/West Lounge 10:00am- Watching Anzac Parade Live Broadcast 02:00 pm- Music Entertainment in E/W lounge - High Tea w/ cup cakes 05:30 pm - Men's & Women's Club in LV</p>	<p>26</p> <p>09:30 am – Bus Trip 09:30 am – Church Service 10:30am- Maching Palm leaves cross for- Palm Sunday 11:00 am – Exercise with Physio at East/West lounge 02:00 pm – Happy Hour 05:30 pm - Games Night in LV</p>	
<p>28 PALM SUNDAY</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 02:00 pm – Afternoon coffee in LV balcony upstairs 03:00 pm – Room Visits</p>	<p>29</p> <p>09:30 am- Bus Trip 11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>30</p> <p>10:00 am – Church Service 11:00 am – Pastoral Visit 02:00 pm – Entertainment w/ Sofitris in LV Ground 03:00 pm – Room Visits 05:30 pm – Storytelling in LV</p>	<p>Individual Activities:</p> <ul style="list-style-type: none"> - Shopping Errands - Storytelling - Reminiscing - Hydration Rounds - Beauty Treatment & Massage - Memory & Boardgame - Individual Discussion - Exercise & Mobility Games - Church Visits - Candle Lighting - Facetime & video call 	<p>Note:</p> <ul style="list-style-type: none"> * Spiritual Needs & Pastoral Care: Fr. Stavros visits every Thursday and Friday Fr. Panteleimon visits during Monday or Tuesday Bishop Iakovos visits every Tuesday. * The hairdresser comes every Tuesday * Dining Experience (Lunch at 11:30 am & Dinner at 04:30pm) 	<p>27</p> <p>10:00 am – Saturday of Lazarus service by Fr. Stavros 11:00 am – Pastoral Visit 01:30 pm – Coffee Club with Lazarus cookies 03:00 pm – Room Visits</p>	

Activities may be subject to change. If there are any changes, please refer to the white board in the communal areas.

