

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><small>An Activity of the Greek Orthodox Archdiocese of Australia</small></p> 	<p>1 Easter Monday</p> <p>11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>10:00 am – Church Service 11:00 am – Pastoral Visit 01:00 pm – Entertainment w/ Sotiris in East / West lounge 02:00 pm – Happy Hour 05:30 pm – Storytelling in LV</p>	<p>11:00 am- Exercise with Physio at East/West Lounge - Zumba /Yoga Class at Lv12 1:30 am – Bus Trip 03:00 pm – Room Visits 04:30 pm – Couples Dinner 05:30 pm- Special Drink's Night in LV</p>	<p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>10:00 am – Church Service 11:00 am – Pastoral Visit 01:30 pm – Music with Alberto at LV Ground. 03:00 pm – Room Visits</p>
<p>7</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 01:30 pm – Bingo at Lv1 2 lounge. 03:00 pm – Room Visits</p>	<p>11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>10:00 am – Church Service 11:00 am – Pastoral Visit 01:00 pm – Entertainment w/ Sotiris in East / West lounge 02:00 pm – Happy Hour 05:30 pm – Storytelling in LV</p>	<p>10 Farm Outing</p> <p>10:00 am- Farm Outing 11:00 am- Exercise with Physio at East/West Lounge - Zumba /Yoga Class at Lv12 01:30 pm – Cooking Club 03:00 pm- Room Visits 05:30 pm -Special Drink's Night in LV</p>	<p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>12</p> <p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>13</p> <p>10:00 am – Church Service 11:00 am – Pastoral visit 01:30 pm – Bingo at East/West lounge 03:00 pm – Room Visits</p>
<p>14</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 02:00 pm – Afternoon coffee in Level 2 courtyard 03:00 pm – Room Visits</p>	<p>11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>10:00 am – Church Service 11:00 am – Pastoral Visit - Consumer Focus Meeting 01:00 pm – Entertainment w/ Sotiris in East / West lounge 02:00 pm – Happy Hour 05:30 pm – Storytelling in LV</p>	<p>17 Residents and Family Meeting/ Food Forum</p> <p>11:00 am- Exercise with Physio at East/West Lounge - Zumba /Yoga Class at Lv1 2 01:30 pm – Bus Trip 03:00 pm – Room Visits 04:30 pm – Couple's Dinner 05:30 pm – Special Drink's Night in LV</p>	<p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>19</p> <p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>20</p> <p>10:00 am – Church Service 11:00 am- Pastoral Visit 01:30 pm – Cooking at East/West lounge 03:00 pm – Room Visits</p>
<p>21</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 01:30 pm – Bingo at Lv1 2 lounge 03:00 pm – Room Visits</p>	<p>11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>23 Lunch Outing</p> <p>10:00 am – Church Service 11:00 am- Lunch Outing to Cyprus Club 11:00 am – Pastoral Visit 01:00 pm – Entertainment w/ Sotiris in East / West lounge 02:00 pm – Happy Hour 05:30 pm – Storytelling in LV</p>	<p>25 ANZAC DAY</p> <p>09:30 am- Art Therapy in East/ West Lounge 10:00am- Watching Anzac Parade Live Broadcast in E/W lounge - High Tea w/ cup cakes 05:30 pm - Men's & Women's Club in LV</p>	<p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>26</p> <p>09:30 am – Church Service 10:30am- Making Palm leaves cross for Palm Sunday 11:00 am – Exercise with Physio at East/West lounge 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm - Games Night in LV</p>	<p>27 Saturday of Lazarus</p> <p>10:00 am – Saturday of Lazarus service by Fr. Stavros 11:00 am – Pastoral Visit 01:30 pm – Bingo at E/W lounge 03:00 pm – Room Visits</p>
<p>28 Palm Sunday</p> <p>9:30 am – Live Broadcast of the Sunday Church Service 11:00 am – Group Exercise 02:00 pm – Afternoon coffee in Level 2 courtyard. 03:00 pm – Room Visits</p>	<p>29 Holy Monday</p> <p>11:00 am – Exercise with Physio at East/West Lounge 01:30 pm – Shopping Trip to Roselands Shopping Center 03:00 pm – Room Visits 5:30pm – Reading & Book Discussion in LV</p>	<p>30 Holy Tuesday</p> <p>10:00 am – Church Service 11:00 am – Pastoral Visit 01:00 pm – Entertainment w/ Sotiris in East / West lounge 02:00 pm – Happy Hour 05:30 pm – Storytelling in LV</p>	<p>Individual Activities:</p> <ul style="list-style-type: none"> - Shopping Errands - Storytelling - Reminiscing - Hydration Rounds - Beauty Treatment & Massage - Memory & Boardgame - Individual Discussion - Exercise & Mobility Games - Church Visits - Candle Lighting - Facetime & video call 	<p>Note:</p> <ul style="list-style-type: none"> * Spiritual Needs & Pastoral Care: Fr. Stavros visits every Thursday and Friday Fr. Panteleimon visits during Monday or Tuesday Bishop Iakovos visits every Tuesday. * The hair-dresser comes every Tuesday. * Dining Experience (Lunch at 11:30 am & Dinner at 04:30pm) 	<p>09:30 am – Church Service 11:00 am – Exercise with Physio at East/West lounge - Pastoral visit 01:30 pm – Bus Trip 03:00 pm – Room Visits 05:30 pm- Games Night in LV</p>	<p>10:00 am – Church Service 11:00 am – Pastoral Visit 01:30 pm – Music with Alberto at LV Ground. 03:00 pm – Room Visits</p>

Activities may be subject to change. If there are any changes, please refer to the white board in the communal areas.