St.Basil's NSW/ACT

NOVEMBER 2021 ACTIVITY CALENDAR

KOGARAH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	09:30 GROUP EXERCISE 10:00 CHURCH SERVICE 13:00 RELAXING TIME WITH MOVIE 15:00 MINDFUL COLOURING/DOLL THERAPY	09:00 GROUP EXERCISE 10:00 ART THERAPY (MORNING **14:00 MELBOURNE CUP DAY CELEBRATION**	09:00 GROUP EXERCISE 10:00 PARACHUTE GAME 13:00 GREEK COMEDY MOVIE TIME 13:30 ROOM VISITS 15:00 SOOTHING MUSIC	09:00 GROUP EXERCISE 10:00 BUS OUTING (MORNING) 13:00 MUSIC THERAPY 13:00 BUS OUTING (AFTERNOON) 14:00 ICE CREAM TROLLEY	09:00 GROUP EXERCISE 10:30 BOWLING GAME 13:00 MOVIE TIME 13:30 ROOM VISITS 15:00 GREEK MUSIC	09:30 GROUP EXERCISE 10:30 ART & CRAFT 13:00 RELAXING TIME WITH MOVIE 13:30 1:1 ROOM VISITS 15:00 SENSORY ACTIVITIES
7	8	9	10	11	12	13
09:30 LIVE STREAM LITURGY 10:30 BEADS &WOOL ACTIVITY 13:00 COMEDY MOVIE 13:30 ROOM VISITS 15:00 DOLL THERAPY/SENSORY ACTIVITIES	09:00 GROUP EXERCISE 10:30 GARDENING ACTIVITY 13:00 RELAXING TIME WITH MOVIE 13:30 ROOM VISITS 15:00 SOOTHING MUSIC	09:00 GROUP EXERCISE 10:30 ART THERAPY (MORNING) 13:00 ROOM VISITS 13:30 ART THERAPY (AFTERNOON) 15:00 SOOTHING MUSIC	09:00 GROUP EXERCISE 10:30 **BIRD SHOW** 13:00 RELAXING TIME WITH MOVIE 13:30 1:1 ROOM VISITS 15:00 HAND & NAIL CARE	09:00 GROUP EXERCISE **REMEMBRANCE DAY CELEBRTION**	09:00 GROUP EXERCISE 10:30 BINGO 13:00 COMEDY MOVIE TIME 13:30 1:1 ROOM VISITS 15:00 COLOURING	09:30 GROUP EXERCISE 10:30 COFFEE CLUB 13:00 1:1 ROOM VISITS 14:45 PICTURE GUESSING GAME 15:00 CLASSICAL MUSIC
14	15	16	17	18	19	20
09:30 LIVE STREAM LITURGY 10:30 GROUP DISCUSSION 13:00 MOVIE TIME 13:00 ROOM VISITS 15:00 NEWSPAPER / MAGAZINE READING	09:00 GROUP EXERCISE 10:00 CHURCH SERVICE 13:00 RELAXING TIME WITH MOVIE 14:00 AFTERNOON SPECIAL TEA 15:00 MEDITATION MUSIC	09:00 GROUP EXERCISE 10:30 ART THERAPY (MORNING) 13:00 ROOM VISITS 13:30 ART THERAPY (AFTERNOON) 15:00 SOOTHING MUSIC	09:00 GROUP EXERCISE 10:00 BINGO TIME 13:00 RELAXING TIME WITH MOVIE 15:00 SOLO ACTIVITY/ MUSIC THERAPY	09:00 GROUP EXERCISE 10:00 BUS OUTING(MORNING) 13:30 BUS OUTING (AFTERNOON) 14:00 ICE CREAM TROLLEY	09:00 PARACHUTE GAME 10:30 COOKING ACTIVITY 13:00 RELAXING TIME WITHMOVIE 13:00 ROOM VISITS 15:00 BALLOON GAMES	09:30 GROUP EXERCISE 10:30 PAPER CREAFT 13:00 RELAXING TIME WITH MOVIE 13:00 ROOM VISITS 15:00 SENSORY ACTIVITIES
21	22	23	25	26	27	28
09:30 LIVE STREAM LITURGY 10: 00 MORNING TEA OUTSIDE COURTYARD 13:00 RELAXING TIME WITH MOVIE 13:00 ROOM VISITS 15:00 1:1 TIME WITH RESIDENTS	09:00 GROUP EXERCISE 10:00 CHURCH SERVICE 13:00 RELAXING TIME WITH MUSIC 13:30 **CONSUMERS MEETING** 15:00 NAIL CARE	09:00 GROUP EXERCISE 10:00 ART THERAPY (MORNING) 13:00 ANIMAL DOCUMENTRY 13:30 ART THERAPY (AFTERNOON) 14:15 HAPPY HOUR	09:00 GROUP EXERCISE 10:00 COOKING ACTIVITY 13:00 HAND RUB WITH LOTION 13:30 ROOM VISITS 15:00 **MONTHLY BIRTHDAY CELELBRATION**	09:00 GROUP EXERCISE 10:00 BUS OUTING 13:00 GREEK COMEDY MOVIE 13:00 BUS OUTING 14:00 ICE CREAM TROLLEY	09:00 GROUP EXERCISE 10:30 NAIL CARE/ DOLL THERAPY 13:00 RELAXING TIME WITH MOVIE 13:30 ROOM VISITS 15:00 BALLOON PAINTING	**09:00 MUSIC THERAPY** **10:30 SOLO ACTIVITY** **13:00 CURRENT AFFAIR** **13:00 ROOM VISITS** **15:00 COFFEE CLUB**
29	30					
09:30 LITURGY ON TV 10:30 JEWELLERY MAKING 13:00 RELAXING TIME WITH MOVIE 13:30 ROOM VISITS 15:00 SENSORY ACTIVITIES	09:00 GROUP EXERCISE 10:30 CHURCH SERVICE 13:00 CINEMA TIME 13:30 ROOM VISITS **15:00 PIZZA PARTY**					