

## Week 1 – Activity Planner

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>TABLE ACTIVITIES</b>	Newspapers & magazines	Religious Books	Picture Books	Wool Rolling & Knitting	Newspapers & Magazines	Picture Books	Religious Books
<b>AM</b>	Introduction Physiofun	Theological visit & exercises	Introduction ball games	Introduction Physiofun	Introduction weights	Introduction balloon games	Introduction group exercises
<b>AM</b>	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits
<b>12:00</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>
<b>QUIET TIME</b>	Greek DVD	Religious DVD	Documentary	Greek DVD	Documentary	Greek DVD	Religious DVD
<b>2:30pm</b>	Word Games	Sing-a-long happy hour	Walking group & wheelchair walks	Art & Craft	Ladies/Men's group	Pampering	Bingo
<b>4:00pm</b>	Sensory Stimulation (touch)	Sensory Stimulation (sound)	Sensory Stimulation (smell)	Sensory Stimulation (sight)	Sensory Stimulation (touch)	Sensory Stimulation (sight)	Sensory Stimulation (taste)

\* Church services as scheduled. \* Bus trip twice monthly. \* Hairdresser every Thursday.

\* Residents/relatives meetings TBA. \* Mobile library service. \* Monthly Birthday celebrations.

All the above is subject to change due to weather and residents decisions with choices. **Last reviewed 17/08/2014**

### Disclaimer

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## Week 2 – Activity Planner

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>TABLE ACTIVITIES</b>	Newspapers & magazines	Religious Books	Picture Books	Wool Rolling & Knitting	Newspapers & Magazines	Picture Books	Religious Books
<b>AM</b>	Introduction Physiofun	Theological visit & exercises	Introduction ball games	Introduction Physiofun	Introduction weights	Introduction balloon games	Introduction group exercises
<b>AM</b>	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits
<b>12:00</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>
<b>QUIET TIME</b>	Greek DVD	Religious DVD	Documentary	Greek DVD	Documentary	Greek DVD	Religious DVD
<b>2:30pm</b>	Bus Trip	Sing-a-long happy hour	Reminiscing	Walking group & wheelchair walks	Knitting group	Bingo	Greek movies
<b>4:00pm</b>	Sensory Stimulation (smell)	Sensory Stimulation (sound)	Sensory Stimulation (touch)	Sensory Stimulation (sight)	Sensory Stimulation (smell)	Sensory Stimulation (taste)	Sensory Stimulation (sight)

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## Week 3 – Activity Planner

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>TABLE ACTIVITIES</b>	Newspapers & magazines	Religious Books	Picture Books	Wool Rolling & Knitting	Newspapers & Magazines	Picture Books	Religious Books
<b>AM</b>	Introduction Physiofun	Theological visit & exercises	Introduction ball games	Introduction Physiofun	Introduction weights	Introduction balloon games	Introduction group exercises
<b>AM</b>	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits
<b>12:00</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>
<b>QUIET TIME</b>	Greek DVD	Religious DVD	Documentary	Greek DVD	Documentary	Greek DVD	Religious DVD
<b>2:30pm</b>	Bingo	Sing-a-long happy hour	Ladies/Men's group	Memory games	Art & Craft	Pampering	Greek movies
<b>4:00pm</b>	Sensory Stimulation (smell)	Sensory Stimulation (sound)	Sensory Stimulation (touch)	Sensory Stimulation (sight)	Sensory Stimulation (smell)	Sensory Stimulation (taste)	Sensory Stimulation (touch)

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## Week 4 – Activity Planner

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>TABLE ACTIVITIES</b>	Newspapers & magazines	Religious Books	Picture Books	Wool Rolling & Knitting	Newspapers & Magazines	Picture Books	Religious Books
<b>AM</b>	Introduction Physiofun	Theological visit & exercise	Introduction ball games	Introduction Physiofun	Introduction weights	Introduction balloon games	Introduction group exercises
<b>AM</b>	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits	1-1 Room visits
<b>12:00</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>	<b>Documentation</b>
<b>QUIET TIME</b>	Greek DVD	Religious DVD	Documentary	Greek DVD	Documentary	Greek DVD	Religious DVD
<b>2:30pm</b>	Bus trip	Sing-a-long happy hour	Residents choice	Card games	Reminiscing	Bingo	Walking group & wheelchair walks
<b>4:00pm</b>	Sensory Stimulation (smell)	Sensory Stimulation (sound)	Sensory Stimulation (touch)	Sensory Stimulation (sight)	Sensory Stimulation (smell)	Sensory Stimulation (taste)	Sensory Stimulation (sight)

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